



# Do's & Do NOT's of AGEISM



What **should** you say & what **shouldn't** you say



## Do Say

Thank you for coming in today.

Let me review your test results with you.

Any concerns with memory?

You appear to be in good health.

Let your arm relax, I am happy to hold it for you if you'd like.

## X Don't Say

Sweetie, thank you for coming in today.

Did you bring someone with you so I can review your test results with them?

Senior citizens experience more memory loss.

You look good for your age.

Honey, let me hold your arm while I do your blood pressure.